

Menu for RMT School
Menu Subject to Change

November 2017

***This Institution is an
 Equal Opportunity Provider***

2017-(10/30-11/24)

Every Meal Includes a choice of

3 Fresh Fruits, Canned Fruits or 100% Fruit Juices

Skim, 1% White Milk, Strawberry, No Fat Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Cheese 30 Tomato Soup Goldfish Crackers Choice of Veggies Asst. Fruits	Franken Dogs 31 Monster Mashed Creepy Beans/Kraut Choice of Veggies Asst. Fruits & Juice	Tacos 1 Beef/Chicken/Fish Mexican Beans Choice of Veggies Asst. Fruits	Chicken Fries 2 Chicken Flavored Rice WG Dinner Roll Choice of Veggies Asst. Fruits & Juice	Pizza 3 Romaine & Iceberg Salad WG Dinner Roll Choice of Veggies Asst. Fruits
NACHOS & CHEESE--- \$1.50		CHURROS—75 CENTS		
Burgers/Pulled Pork 6 Beef/Fish/Veggie Chips Choice of Veggies Asst. Fruits	Mozz Sticks 7 Romaine & Iceberg Salad WG Dinner Roll Choice of Veggies Asst. Fruits & Juice	OFF 8 Teacher's In Service	OFF 9 Teacher's Convention NJEA	OFF 10 Teacher's Convention NJEA
HOMEMADE COOKIES .50				
Chicken Patty 13 Mild/Spicy/Grilled Cole Slaw Choice of Veggies Asst. Fruits	Brunch for Lunch 14 French Toast/Omelets Sausage/Hash Brown Choice of Veggies Asst. Fruits & Juice	Thanksgiving Dinner 15 Turkey and all the Trimmings	Pretzel Buns 16 Pepperoni/Turkey/Ham Chips Choice of Veggies Asst. Fruits & Juice	Pizza 17 Romaine & Iceberg Salad WG Dinner Roll Choice of Veggies Asst. Fruit
WAFFLE FRIES ---\$1.50			Board Meeting	
Cheese Steaks 20 Beef/Chicken/Buffalo Chips Choice of Veggies Asst. Fruits	Potato Bar 21 Beef/Broccoli/Cheese WG Dinner Roll Choice of Veggies Asst. Fruits & Juice	Mozz Sticks 22 Romaine & Iceberg Salad WG Dinner Roll Choice of Veggies Asst. Fruits	OFF 23 HAPPY THANKSGIVING	OFF 24 HAPPY SHOPPING
	SOFT PRETZEL ---\$1.00			

Lunch Prices
 Student-----\$2.95
 Milk-----\$.50
 Adult Lunch \$3.95

Students are now Offered
1 Hot & 2 Raw Vegetables Daily
Alternate Lunch
Chicken Ceasar Salad with Whole Grain Roll
Asst. Sandwiches on Wheat Bread or Roll
PBJ Sandwich on Wheat Bread

Students May Take
2 Vegetables
And 1 Fruit Choices
Daily

